



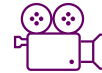
Purple Certification Video Training

What Does Becoming “Purple Certified” Mean?

Your employees are trained to “lean in” to safely and intelligently care for friends, family members and co-workers who are in addiction or recovery.

How Do You Become “Purple Certified”?

Schedule a video training for your organization.
(6 Videos totaling 90 minutes)



Topics Covered:

- ❖ “How To Care” - *How to lean in with real care and without an alienating stigma as a trustworthy friend, co-worker, family member.*
- ❖ “Boundaries” - *How to set vital boundaries when leaning in and caring; to be a true help and not an enabler.*
- ❖ “Map of Recovery/Setting Expectations” – *What you need to know about the map and timeline of recovery. It will help you set reasonable expectations concerning recovery as you walk alongside those in recovery.*
- ❖ “ACE’s (Adverse Childhood Experiences)” - *A layman’s “deeper-dive” into the latest brain-science behind many addiction struggles. It will help you more fully appreciate the journey that those in recovery face.*
- ❖ “Local Resources” – *What you need to know about the trusted and accessible resources available in Frederick County for those in recovery. It will prepare you to answer the question, “Where should I point my friend for trusted, expert help?”*
- ❖ “Narcan Training” - *Frederick County Health Department will address how to handle an actual overdose scenario with training about Narcan and emergency care.*

Why Purple?

“National Recovery Month”, associated with the color purple, is celebrated during the month of September - www.frederickcountygoespurple.com

How To Schedule Your Purple Certified Training:

- ✓ Choose a date and time for your organization to watch as a group.
 - A “Purple Certified” moderator will lead your group.
 - Participants will be given a study guide to fill in as they are led through the material.
 - Training can be broken into two separate dates and times.
(If this option is not possible for your organization, contact us to discuss other options.)

- ✓ Suggested donation to Frederick County Goes Purple dependent upon organization size.

- ✓ Contact Crossed Bridges to schedule date(s) - info@crossedbridges.com

“Purple Certification” is non-medical training for lay people to be better co-workers and neighbors to those who struggle with addiction and their families.

